

**Harrogate and
District Branch**

Harrogate Parkinson's

Chair : John.Sheepy@harrogateparkinsons.co.uk 01765 279386

Facebook : <https://www.facebook.com/groups/parkinsonsharrogate/>

A new group to enjoy singing all kinds of fun songs with piano. No experience needed, just a sense of humour, a pair of lungs and a diaphragm. Voice optional.



Ripon Singing Group for Parkinson's

Every Friday (starting 1 November) 11-12 (noon)

Ripon Arts Hub, Allhallowgate, Ripon HG4 1WB

Cost : £5 (to Harrogate Parkinson's) incl. refreshments

Leader : David Andrews david@violinman.co.uk

Open to everyone but especially People with Parkinson's (PwP) and carers. Gentle, seated exercise singing songs from WW1 to Beatles and beyond. Join us and make a difference.

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.